Albury Parish News

November 2023

Number 404



Serving the local communities of Albury, Albury Heath, Brook, Farley Green, Little London and Newlands Corner

Services in Albury and Farley Green for November 2023

At the Parish Church, Church Lane, Albury unless stated. Worship for everyone at 9.30 is livestreamed

<u>5</u>	8.00 am Holy Communion Book of Common Prayer
	9.30 a.m. Worship for everyone Questions Jesus asked (1) - Why are you afraid?
12	10.50 a.m. Albury's Service of Remembrance <i>Please note start time</i>
	4.00 p.m. Messy Church for Remembrance Sunday Intergenerational worship and activity
19	8.00 am Holy Communion Book of Common Prayer
	9.30 a.m. Worship for everyoneQuestions Jesus asked(2) - Are you going to leave too?
26	9.30 a.m. Communion Service Questions Jesus asked (3) - Who do you say I am?

All are welcome in church. For the livestreaming link on relevant Sundays, if you cannot get there in person, please visit <u>www.alburychurches.org</u>

Every Friday in term-time pre-schoolers and those who look after them are welcome to 'Little Fishes' <u>at St Michael's Farley Green</u> - a time of chat and play with simple worship. Details from <u>pennycrandall@hotmail.com</u>.

Front cover: South side of the church photo by Monica Cassels

From the Minister

When a national day of Remembrance was first instituted, after the First World War - the 'Great War' - it was held each year on Armistice Day, 11 November, the anniversary of the day the guns fell silent. During the Second World War, with weekdays full for the war effort, the official commemoration was moved to a nearby Sunday. It remained there after 1945, because there was now another major war to remember, although in recent years there has been a renewed marking of Armistice Day itself.

I discovered these facts by accident, whilst looking up the history of Remembrance. I had simply been wondering how people marked it during the Second World War - it seemed to me that then, when it was all happening again, thoughts of a hard-won peace, and reflections on sacrifice in what had been thought of as 'The war to end all wars', would need careful handling.

In 2023, this nation is not at war. But the papers are filled with reports from Israel, Gaza, and Ukraine, and were all the conflicts in the world to be included, we could hardly take it all in. Online comment sites are filled with bloodthirsty rhetoric from people few of whom could have faced a full-scale war. Once again the marking of Remembrance Day needs serious thought.

How do we respond? Hopeful calls to seek a way of peace seem out of touch. Angry commentary gives no hope for a better future. There are plenty who want to destroy the evildoers, but history shows how difficult it is truly to end war.

Christians are not defeatist, but they do recognise that human nature is bent. The idea that we can somehow train ourselves out of aggressive or immoral conduct is a non-starter. And sometimes even those who try to avoid battle are forced into it simply to resist evil.

But recognizing reality is not a response. We could go further. We could remind ourselves of faith in a God who one day, when the world has run out of chances, will bring an end to evil and pain, and judge those who have unrepentantly caused it.

That's still a little close to 'pie in the sky'. It does nothing to solve things now. That's true - if that's where it stops. But there is a third dimension, always present in the teaching of Jesus but misunderstood or ignored by many. We can start working for tomorrow's world today. It is not a pointless exercise because it makes a real difference now. It's not to earn a place in any sort of heaven, but because if we have trusted Jesus we are already part of a new world, and the life that powers it is ours to share now. We are not standing helplessly in front of a runaway train. We are starting work on a future reality.

It's not a quick fix and we often fail. But it is rooted in a God of hope.

All blessings Andrew Pearson, Resident Minister

Remembrance Service on 12 November at 10.50 a.m.

Little Fishes



Little Fishes is now meeting in the Barn Church every Friday morning in termtime at 9.30 a.m. for a story, prayer, songs, colouring and crafts.

For further details, please email pennycrandall@hotmail.com

Hark & Ride

If you would like a lift to church when services resume, then please phone 01483 202210 or 01483 203208

If you can help in this way occasionally, please contact Theresa Channer on 202210 or Penny Randall on 203208

Defibrillator Information

The Parish Council have installed defibrillators at the following locations.

Albury Memorial Library Little London (William 1V) Newlands Corner

Farley Green (Bus Shelter)

Main Door, St Peter and St Pauls, Church Lane

Hear Here

The Hear Here clinic runs once a month in Shere Surgery, from 1 till 3pm on a Tuesday afternoon, usually the first or second Tuesday in the month. This is a volunteer led service intended for those with NHS hearing aids needing minor repairs or new batteries. Please remember to bring your NHS booklet if you have one.

To book an appointment please call the surgery on 01483 202066.

Dates for upcoming session: 7th November and 5th December

Penny Randall

Eco Hints for November

Have yourself a Greener Christmas. What ways can you make sure your Christmas is both a celebration of Christ's coming and better for His creation? Check out A Rocha UK's twelve tips for a greener Christmas:

arocha.org.uk/our-twelve-tips-for-a-greener-christmas

For more practical ways to enjoy, nurture and defend nature, sign up to A Rocha UK's Wild Christian email at: arocha.org.uk/wild-christian

Albury History Society

September's meeting was one of the most interesting we have had. Geoff Burch, whose mother was a Romany, gave us an insight into Romany lifestyle, the meeting being enhanced by the many photos David Rose showed and especially by several visitors who also had Romany connections.

By the time you read this, we shall have had what is billed as 'A Manorial Conversation', between Handa Bray and her son Ben, describing life as a Lady/Lord of the Manor of Shere.

On Tuesday 21st November, Trevor Brook will be giving us the results of his detailed research into Brook and Little London: an antiques emporium, railway, Institute, hotel, shops, laundry, waterworks and two schools. If you can't imagine where these were, come along to his illustrated talk.

Visitors very welcome.

As this is the last meeting this year, we treat you to mulled wine and mince pies.

Margaret Clarke

SALE FOR FOUNTAIN OF PEACE CHILDREN'S FOUNDATION

Are you thinking about Christmas shopping yet?

Here's a great way to get started - and make a difference in children's lives at the same time!

Come to our sale of beautiful things in the lovely setting of Kilnhanger Cottage, Farley Heath GU5 9EW in aid of Fountain of Peace Children's Foundation.

www.fountainofpeace.net

Gorgeous plants and wreaths by Lots in Pots, stunning handmade glassware, children's nature books by Fine Feather Press and many other delightful things Coffee and refreshments from 10 - 1pm

If you have any unwanted gifts you'd like to donate, please let us know.

We'd also love donations of cakes and volunteers to help serve refreshments.

Contact: Hilary Swift 01306 730898 or Sue Gilliam 01483 892244

The date is 24th November.

10.00 a.m. to 1.00 p.m.

Food Banks Need Your Help More Than Ever In 2023! Not Just Food.



Hunger in the UK isn't about food. It's lack of income and the main drivers of foodbank use are:-

- Problems with the benefits system (delays, inadequacy and deductions)
- Challenging life experiences or ill health
- Lack of informal or formal support
- Now in 2023.- soaring energy, food and general cost of living prices.

How You Can Help? What items you can donate?

Think about food stuffs that do not require heating e.g.

Cereal	UHT Milk	Tinned Fish	Tinned Fruit
Biscuits	Tinned Beans	Long Life Fruit J	uices

Biscuits Tinned Beans Long Life F

Other Items / Ways you can Help?

Household Cleaning Products	Sanitary Items Nappies/Baby Wi		
Cooking Oils	Tinned Soups/Meat	/Stews	
Condiments / Spices	Pasta	Rice	Pasta Sauce

You can give money in an Envelope to help Guildford Food Banks to put money on users' Fuel Cards - Just mark your envelope and give to Harry in Pratts Stores.

DONATION POINTS IN ALBURY.

Pratts Stores in Albury Village:- contact Harry on 01483 202123 to donate $\pounds 5/\pounds 10$ by card, and Harry will select items for you to place in the Food Bank Collection Box.

OR purchase items from Harry to donate to the Food Bank.

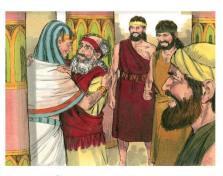
OR in St Peter & St Paul's Church in Albury in the Lobby- on Saturdays 10am - 4pm or Sunday mornings, 9am - 11am.

THANK YOU FOR YOUR SUPPORT. DIANN ARNFIELD 01483 203464.



All Together now





November 12th 4.00 p.m. Come and join us! Remembering other generations thinking of family life together! So why is remembering other generations important to God? Fun activities and celebration with songs Followed by tea for the children and a cuppa and cake for the adults!

This is an informal gathering ideal for all ages.

Please bring your friends!

Let Sheena know by November 6th if you can join us! St Peter and St Paul's Parish Church, Church Lane, Albury







GIVE A REAL ADVENT CALENDAR

Story of CHRISTMAS



INCLUDES <mark>FREE</mark> CHRISTMAS STORY-ACTIVITY BOOK

NEW 2023 DESIGN

MEANINGFUL FEATURES

- Free 24 page Christmas story-activity book
- A line of the story behind each window
- £300 children's prize competition
- 30% quality Fairtrade Milk Chocolate

FUNZIBODO

- Palm oil free
- 25 festive chocolate shapes
- Charitable donation
- Packed in hygienic wrap
- Recyclable box & tray

WHAT IS A REAL ADVENT CALENDAR?

The Real Advent Calendar was created in 2013 in response to surveys which revealed that 36% of 5-7 year olds did not know whose birthday was celebrated at Christmas.

25 LUXURY MILK CA

To help spread the Christmas story the Real Advent Calendar has a line of the Christmas story behind each of the 25 doors and a corresponding page in the Christmas story-activity book which expands the story. Kids love the Fairtrade chocolate and they love the book. Parents enjoy reading it with their kids and leaning more about the Christmas story and traditions.

Where to Buy

The calendar is no longer available in supermarkets so please order direct from

WWW.REALADVENT.CO.UK

You can order your advent calendar from Sheena, please email sheena.pearson@btopenworld.com



The Friends of St Michael's Barn Church, Farley Green

invite you to

Create a Stylish Christmas Decoration

We are organising three Christmas workshops in St Michael's Church (aka Barn Church) this December to help you finish that perfect Christmas look!

We'll provide you with all the materials and locally sourced beautiful fresh seasonal foliage, dried seedheads, berries, fir cones and everything else you need to create your festive decoration under Sally Godfrey's friendly guidance.



 Where? St Michael's Church (Barn Church), Farley Green
When? Monday 11 December from 10 am to 12 noon And 7 – 9 pm
Tuesday 12 December from 1 – 3 pm
Costs? £40.00 (refreshments included)

Bookings are non-refundable and are confirmed on a first paid basis

To book your place, please email farleybarnevents@gmail.com



Organised by The Friends of St Michael's Barn Church



11-12th November, 10-4

THE BARN CHURCH (Shophouse Lane, Farley Green, GU5 9EG)

SHOWCASING AN ARRAY OF HANDMADE AND LOCALLY PRODUCED CRAFTS FOR SALE, MAKING THE MOST PERFECT AND UNIQUE GIFTS; INCLUDING CERAMICS, PHOTOGRAPHY, TEXTILES, JEWELLERY AND CARDS. PLUS, A LIVE CRAFT DEMO.

ENTRY FREE PARKING ON THE GREEN

ALL PROCEEDS TOWARDS ST MICHAEL'S BARN CHURCH ROOF THE FRIENDS OF ST MICHAEL'S BARN CHURCH, FARLEY GREEN



News from the Barn Church

Dates for your Diary: Artisan Christmas Gift Fair Community Food Bank Café Bridge Evening £8 Christmas workshops Bubbles in the Barn 2024

12 November 18 November 2 December 11/12 December 12 January

Liz Cooper, Trustee Friends of St Michael's Barn Church: secretary@thebarnchurch.co.uk

Getting in a Messy harvest

How can little people deal with big business? Is the world fair? If we have a lot of stuff is there anything that beats building a bigger barn to put it all in? You can't say we don't think at Messy Church! On an unusually warm October day (weather soon to change) we did things, junk-modelled barns, sang, ate, and thought about what God makes of it all. We hope we got a little more thoughtful about what we could do towards a fairer world.

The next Messy Church is on Remembrance Sunday, 12 November, 4.00 p.m. at the parish church in Church Lane.

Pothole breakdowns on the increase

The soaring number of pothole-related breakdowns has been blamed on Britain's wet summer. There are increasing calls for councils to fix the roads before winter.

This past July was the UK's sixth wettest on record, according to Met Office figures. The AA says that this would have made potholes even harder to spot, in time for drivers to avoid driving into them.

During one recent month, the AA received more than 50,000 callouts to vehicles who had broken their cars on potholes. Tyres, suspensions, and steering mechanisms could not withstand the shock of hitting a deep hole in the road at speed.

A spokesman for the AA said that Councils had been hoping to get as much repair work done as possible, "before the real winter weather hits and turns against them."

He went on: "With 2023 looking to be one of the worst years on record for pothole damage, we need to see more investment in local roads maintenance funding."

And he warned that whereas cars suffer financial damage, potholes can be fatal for cyclists and motorcyclists.

From the Parish Pump



Nativity Crib Journey 2023

The time for the Nativity Crib Journey drawing near again! In past years, many people enjoyed hosting our wooden crib set for one night each – how about you?

We would love people of all ages to take part again in the journey this year. Whether you are a household of one or ten is not relevant! We have three crib sets which will travel so we are hoping for lots of offers to host one of them. We just ask that you take care when passing them on to each other with respect to any covid infections and to withdraw from the journey if sadly you have a covid infection in your home at the time you would be having the crib. Maybe swaps could be arranged for a later date.

The Parish Church will send the three Nativity Sets through homes in and around the parish, starting out from the Advent service at 9.30 am on December 3rd in the Parish Church. Each household hosts the crib for one night. All you need is provided. There is a prayer to say and the Christmas story to read. The cribs arrive back at the church during the Christingle service on Christmas Eve.

There are mini knitted sheep coming along too! Each household keeps one sheep as a reminder of the story and hosting the crib.

If you would like to have the Nativity Set for a night on its journey please contact Sheena Pearson on 01483 203220 or <u>sheena.pearson@btopenworld.com</u> By November 25th to give time for the routes to be planned.



Your garden in November

Blod Monath, Anglo Saxon for the month of November, the month of sacrifice. It is the season of bonfires to celebrate Guy Fawkes, only the English celebrate someone wishing to blow up the Houses of Parliament. Remember to check for small hibernating creatures before you light your fire. Also check that the guy on top isn't a dozing gardener.

Having had a warm spell in October, many trees are still hanging onto their leaves. Once they fall, keep paths clear. Leaves will turn to a slippery mulch waiting for the unwary gardener to pop out of the house without the appropriate footwear. As you gracefully (or not) slide along to the inevitable tumble, hope that there is a suitable soft landing. Gather up your leaves and put them into black plastic sacks, tie the tops securely, poke a few holes in the side and store outside somewhere not overlooked. If the leaves were involved in you having a mishap, perhaps you could use a sharpened garden fork to take revenge on them before they break down into really useful leaf mulch. If you have a garden pond, cover it with netting before the leaves fall in. This only works for small ponds. If you are gardening next to one of Albury's lakes, you don't need to worry.

You should have got all your tender plants under cover by now, that mild October ended suddenly mid month with some hard frosts. In the vegetable plot, your courgettes, beans and pumpkins will be looking very sorry for themselves. I hope you managed to get the remains interred in your compost heap before they too turned to slime. Parsnips can be left in the ground although if the ground freezes, you won't be able to dig them up. Unless your veggie plot is protected like Fort Knox, all kinds of animals will be intent on eating your vegetables. You may go out to harvest a few carrots for supper only to find something has got there before you and eaten the tops. There may be some carrot left if you dig down a few inches. Ask yourself which creature really likes carrots, perhaps a rabbit pie would be suitable recompense. Nurture your inner Mr McGregor.

If you have hardy plants in pots, raise them off the ground so that excess water will run away. Many will succumb to damp conditions rather than cold. The same could be said for less than hardy gardeners.

It is time to scarify your lawn, Using a spring tine rake, vigorously rake the grass pulling out the thatch—the dead remains of grass etc that is cosily keeping your fine grasses company. Once you have completed the raking in one direction, turn around and start raking the other way. Go indoors and have a lie down after the unaccustomed exercise. You will have discovered muscles you had forgotten about. There are scarifying machines. You may wish to try one, be warned however. Your lawn may end up completely bald. It is difficult to kill grass completely, however while your lawn recovers from its short back and sides, every floating and creeping weed will really appreciate the lovely aerated and fertilised patch of earth you have created.

Remember to feed the birds. Pigeons will of course be feasting on your greens without your consent. I am referring to those socially acceptable birds that do good work in your garden eating caterpillars and insects. Keep the birdfeeders clean and topped up. Make sure they have fresh water too.

Happy gardening

Parish People - Jack Robson - Part Two

Last month, Jack revealed much about himself. He now talks about the charity he serves.

Q. Tell me about Emerge?



A. The concept of Emerge Advocacy, which is a registered charity, is to assist young people who suffer mental health problems that lead to self harm, self abuse, drug dependence and so forth and are referred to the charity by the A&E departments or children's wards in hospitals. We also meet them in the community, usually referred by a hospital, or we may have met them while they were there. I joined in 2021, a year after graduating. My full time job now is Project Lead of Emerge at Royal Surrey. The charity is headed by Joy Wright, who started the

project in 2016 and first launched it at Royal Surrey which, although not initially envisaged, turned out to be a pilot project that has been adopted in other hospitals. We are now in Frimley Park Hospital, East Surrey, Medway, Slough, Epsom, Tunbridge Wells and Darent Valley, with a few new projects imminently about to open in Kent. We never pushed on doors to expand the charity, but have been approached by hospitals as the word has spread. This expansion has implications for the long term operation, administration, and fund raising, but the focus remains on individual young people, who need our help.

Q. How is it funded?

A. In Surrey, we are funded by a number of churches, grants (large and small) and individual donors, and gift aid can be claimed. The accounting is a little complicated. We may be given a grant for a particular area or project, for work in the community, or work at a particular hospital.

Q. Are all your staff paid workers?

A. No. We have a small number of salaried trained staff but mostly operate with volunteers. 80% of my team are voluntary workers. The majority of the team at the Royal Surrey are female, not through any policy of the charity but for a number of reasons. For some, it more easily fits around existing work and other voluntary commitments. For those doing it alongside work, it may well be a helpful way for them to gain further experience within this particular field, whilst also playing to many of their skills and giftings. A number are also mothers with families, and volunteering with Emerge can fit in really well with their family life.

Q. How are staff trained?

A. Prospective members of the Emerge team, whether to be paid employees or volunteers, if successful at the initial interview, are subject to an enhanced DBS and then follow a comprehensive training programme, which includes safeguarding, listening skills, youth work practices and how to

keep positive boundaries and avoid manipulative patterns. We will look at principles early on. We will show training videos and provide an introduction to self-harm behaviour, how to meet somebody in that state. how we listen, and what we do. A key part is shadowing; that involves trainees sitting beside us as we talk to young people. Volunteers are supported by suitably gualified project leads, of whom I am one, through debriefs after each session, and monthly team meetings. The team is also accountable to the Voluntary Services Manager, among other key individuals, at their hospital of operation. Individuals on our teams come to work for Emerge, as paid employees and volunteers, primarily due to their passion for this kind of work. It doesn't matter if someone feels they don't have much experience supporting a young person who might be struggling with their mental health, because Emerge provide continued opportunities to keep learning, growing and expanding our skillsets. A key part of a team member's gifting is their passion, and that's what I believe draws people to Emerge. They're not drawn here for a salary, I'd suggest, as many businesses and organisations can often offer a much higher wage. Some of our employees are able to work for Emerge because they're supported by other members of their families having high earning jobs, meaning they can work for something they're passionate for, without being too dependent on a salary. For others, however, they fit working for Emerge around other work commitments or family routines, because they love what Emerge do and so see the value in this work.

Q. What do you actually do on a typical day?

Α. We work with young people face to face. We take some games with us into the hospital. A card game called 'Uno' is popular as well as another called 'Dobble'. These help to break the ice and provide a distraction from the worries of their situation, as well as a time for building the young person's confidence. We hear from doctors and nurses that this approach can have a calming effect, even when their patients are almost impossible to work with when they're first admitted. This helps the medical team, who then find it easier to deal with them as patients and give them the treatment they need, which is exactly what we would want to happen. The community work takes the form of ongoing monitoring support and check-ins, rather as Churches have supported people in the past. We also help children re-engage with their life, with the educational system, perhaps having a liaison with teachers to help children get back into learning. In hospitals, we might talk to them about who is at home, animals, their various interests, or just be a listening ear for their problems.

Q. How long will you engage with your young people after they've left hospital?

A. Usually three months, but there is a good deal of give and take. They may need our support in any crisis following re-engaging with education or relationships. We may then have a handover to a psychotherapist or CAMHS (Children and Adolescent Mental Health Services), or other ongoing support. We do not claim to be therapists but can be a listening ear and

support prior to, or at times alongside, longer term treatment.

Q. Does all your work come from hospital referrals?

A. Mostly yes. We don't go out into the streets looking for young people to help. Some may self-refer however, after picking up our leaflet in a hospital or being informed about us by their doctor, or through the medical teams at hospital.

Q. What symptoms prompt A&E to refer to Emerge?

A. Generally, it's self-harm but this can take many forms, including eating disorders, overdoses, drugs, even drinking bleach, or any indication of suicidal tendencies, and often failed attempts at suicide.

Q. Do you find that those with suicidal tendencies really want to die, or is it a cry for help?

The simplest answer is a mix. Generally, those found after an overdose, or A. swallowing bleach, or frequently cutting their wrists, do not wish to kill themselves. Those who genuinely want death, will often do it less overtly, taking a substantial overdose in a locked room, or throwing themselves off bridges when there's nobody to stop them. Sometimes a passer-by will see somebody on a bridge, who appears to be on the verge of this drastic step, and will call the police. Then, we may get called by the hospital or sometimes the police, not to go to the bridge but be ready to meet that young person at the hospital. We can provide a shoulder to cry on, a listening ear, and help them through that moment. The volunteers on our team are so good at helping young people who carry these burdens. As harrowing as it might seem, the position we find ourselves in is a privilege and we don't take it lightly. If they're in hospital, there's hope. With ongoing support and empowerment, they can begin down a road to recovery. If there's anything I'd want to encourage others with, it's that there's always hope! The great opportunity we have is that we can meet someone then and there. At a time that can be exceptionally isolating and dark for someone, we can simply listen to them and hopefully find opportunities to speak encouragement and hope.

Q. Can you explain why young people, who cut themselves, will say they wanted to feel the hurt?

A. Bizarre as it may seem, it can be a form of taking control of themselves. Youngsters facing a difficult situation can genuinely feel that their lives are out of control. Life is so difficult that cutting themselves, or nearly starving themselves, are areas over which they have control. Sometimes these feelings can take the form of abusive behaviour. Such behaviour, although causing suffering to others, can be seen as a form of self control. It may be sparked by unfulfilled expectations, a death in the family, or having been a victim of abuse themselves.

Q. Could you outline instances of your involvement being most successful and on the other hand your disappointments?

A. We learn as we go. One of the joys is that many youngsters keep in touch with us after the crises has passed. Some say they would not be here

today without the sympathy of a team member, who listened and understood. One has even agreed to take part in our publicity videos. It's a great encouragement to receive letters of thanks, although we don't seek them. Sadly, there are cases where, whatever help is given, young people will take their own lives or severely hurt themselves. That can be hard to reckon with as a team, but it doesn't change our belief that there still can be hope. We have to then learn to carry that intension, the disappointments on one hand and the hope on the other.

Q. How does Christianity influence your work?

A. We are a Christian Charity, supported by Churches, by people who love Jesus but, as He told us, will go to the lost, the hurting and the afflicted. Our ethos is saturated in the hope of the good news of Jesus. It's why we do what we do and why we will support anyone who needs help; we don't just help Christians. Our team includes Anglicans, Roman Catholics, and other Christian denominations.

Q. Will Emerge accept a volunteer who is a committed atheist?

- A. It is a part of our focus that as a team we pray together. If we have somebody who is willing to pray with us, that's absolutely fine. As our team come from many denominations and Christian backgrounds, the traditions of prayer greatly vary, but it's the value of it, and the common unity through it, that binds us together, whatever the form that prayer takes. There may be potential volunteers who see what we do, want to help, but just can't accept any Christian faith. It may be better to direct such people to another charity, where their caring instincts can be put to good use without becoming a Christian. We work closely with other charities and know of other similar volunteering opportunities within this I meet with my team once a month for what we call CPD sector. (Continuing Professional Development), looking at a particular topic e.g. eating disorders or other problems and what's to be done. At the end of such sessions, we will pray together. Prayer therefore is also one of the biggest ways we support one another, both before and after sessions. It's an opportunity for us to release any burdens we might be carrying and any burdens we might be feeling from a session. Not only can we give them to God, but we can share them with one another, through prayer, in community.
- Q. Society has moved from an era in which disturbed people were put away in asylums or mental hospitals, to mental health being taken seriously. That change must be for the good, but it now seems impossible to listen to the BBC Today Programme, 5Live phone-ins, or Desert Island Discs, without hearing an interviewee or caller talking about mental health. Has the brand become so devalued that perversely some of those in real need may be overlooked?
- A. This is something we think about. People will say: 'my depression, my anxiety'. We try to flip that away from identity to talking more generally about depression and mental health. We've seen this shift happen, where they begin to recognise how depression, anxiety or another ailment affects

their thoughts and behaviours and they begin to understand why they may be engaging in abnormal behaviours. They also start to recognise when it may be affecting them in a moment, or during a day. They begin to understand how they typically respond and can begin to put strategies in place to help them choose a different behaviour or to help them reframe their thinking. One of the key strategies we've observed that has started to be implemented in many spheres of life is that of thankfulness and gratitude. This is a reframing strategy where it helps someone learn to approach a situation looking for something positive, whether before or after. This is often contrary to how depression or anxiety affects thinking. Rather than negative thought cycles, this helps someone learn to develop positive thinking. Someone may often need a lot of help at the start, and this is where we may be pointing out positive observations that we've made, but over time we can begin to see them finding it easier to recognise the positive too. Just as somebody who breaks a leg will not say 'I will never walk again' but will undergo the treatment to heal, so should the same approach apply to depression, for example. Learn to treat it as a temporary problem that can be overcome, even if that takes time and they need help along the road to recovery. By and large the trick is to stop people thinking that this is the way things will always be and empower them to see a vision of hope for their future.

Q. Finally Jack, what is your favourite piece of music?

- A. I'd like to choose two. First a hymn or choral piece called: 'Pie Jesu' which I heard shortly after my Mum died. I particularly love the version by The Choirboys. My other choice is a song called: 'May I Have This Dance?' by Francis and the Lights, which featured the first time that Alice and I danced together.
- NOTE: Shortly after completion of this interview, Jack and Alice announced that, following God's prompting, they felt called to new challenges.. Jack sent me this postscript:

What lies ahead for Emerge Royal Surrey and me? Well, I'm actually handing over the Emerge Project to a new member of staff called Megan. We spent some time working together over August and September and she is flying high, working with our incredible team and continuing the amazing work we have the privilege of doing. Please pray for them. I have been so grateful for my time at Emerge, but my wife and I are moving on to new challenges, this next one involving a move across the Atlantic to Boston. What's fully in store, we don't know, but we are excited for the opportunity to get to join a new Church community there called The Table, to continue working within the sectors we love working in and hopefully seeing more lives positively impacted for the better. I'm also excited about continued music opportunities that await us in Boston. We will probably have left by the time this second part of our interview is published, landing in America just in time for Autumn, or Fall as they refer to the season, to be in full swing and to begin to join in the festivities ahead of Thanksgiving and Christmas.

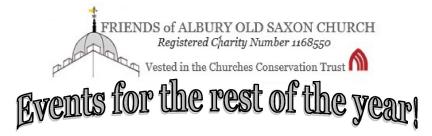
Richard Floyd

From Shere Surgery

The main news we have this month is the ongoing problem of drug shortages. There are national stock shortages of lots of drugs for ADHD. If you are on these drugs, it is imperative that you don't leave it to the last minute to ask for your repeat prescription. Please try to give us plenty of time to source them for you. As they are drugs that are subject to Shared Care Agreements with the Consultant, it will be the Consultant's responsibility to organise a substitute medication if yours is not available. This is going to create quite a lot of complication for lots of patients and our dedicated Dispensary Technician Charlie Wildman will be the main point of contact trying to iron out any problems.

If you haven't had them, please get your flu jab and covid jab booked in ASAP.

Dr Emma Watts GP Partner Shere Surgery & Dispensary



Thursday, 7 December: Christmas Lights Switch-On! 6:00pm. Wrap up warm and come along for a glass of warming mulled wine, a mince pie and a few traditional songs from the lovely Kim Collins to celebrate the start of the festive season! RSVP: secretary@alburyoldsaxonchurch.org

Saturday, 16 December: "A Christmas Carol" by Charles Dickens -The final performances this year by This Is My Theatre after a very successful summer season. 5:00pm Performance SOLD OUT! 7:30pm Performance, some tickets still available, book online use 'CCTFriend' for Friends discount.

Sunday, 17 December: Annual *Candlelit Carol Service, 5:00pm* in the Saxon Church. Dress up warmly, arrive early. Mulled wine & warm mince pies after the service will help to keep out the cold!



What's on in November

Date	Time	Event	Location	Page
2	7.30 p.m.	Shere Village Cinema The Eight Mountains	Shere Village Hall	28
3	7.00 p.m.	Gomshall Village Club Sal's Poker Night	Gomshall Village Club	30
4	8.30 p.m.	Gomshall Village Club Elvis in the Lounge	Gomshall Village Club	30
11	10.40 .m.	QRMW Annual Remembrance Service	Holmbury St Mary	23
11 & 12	10.00 a.m. -4.00 p.m.	Artisan Christmas Fair	The Barn Church	10
12	6.30 p.m.	Dorking Choral Society Remembrance Concert	St Martin's Dorking	30
17	8.00 p.m.	Gomshall Village Club Bingo	Gomshall Village Club	30
18	10.00 a.m. -12.noon	Community Food Bank Cafe	The Barn Church	11
19	7.30 a.m.	Shere Village Cinema Barbie	Shere Village Hall	28
21	8.00 p.m.	Brook and Little London	Albury Village Hall	5
24	10.00 a.m. -1.00 p.m.	Sale for Fountain of Peace Children's Foundation	Kilnhanger Cottage	5
25	8.00 p.m.	Gomshall Village Club Quiz Night	Gomshall Village Club	30
30	7.30 p.m.	Shere Village Cinema Asteroid City	Shere Village Hall	29

Peaslake Free School

This has been a great half term, but the phrase, "blink and you'll miss it" just about sums it up! I can't believe how quickly the weeks have sped by and I'm sure the teachers are looking forward to a pause in momentum over the half term break. In a small school like ours everyone; the teachers, who are tireless in their commitment; the teaching assistants; office staff; our lunchtime ladies and volunteers all play a massive part in keeping the wheels turning so our school can operate harmoniously for the benefit of the children. Walking round the school and putting my head round classroom doors - as I often do - it's really inspiring to see how quickly the children have adapted back into school life and how enthusiastic they are in their learning; you can see the level of concentration on their faces as they take on new knowledge and skills.

Early in the term we celebrated our Harvest Festival on a lovely warm morning. Harvest came upon us so quickly, there was barely enough time to learn the songs, but we rose to the challenge. The children sang three very simple songs, with catchy tunes, which always helps in remembering the words! It was our Reception children's first time in the Church and, considering they had only had two and a half weeks in school, they performed brilliantly. Thank you to our parent community for donating and sharing boxes of food to go to the local food banks.

Our topic this term is based on the book "Where the Wild Things are", so it was apt to have the company *Wild about Britain* visit us. The children were able to meet a variety of native species, learn about their habitats and what we can do the help them. They enjoyed stroking a toad, holding a snake and meeting a hedgehog, a kestrel and an owl. All very beautiful creatures and the children learned how to behave around them and handle them respectfully.

The classrooms have been hives of activity with a wide range of fun subjects and topics being taught alongside all the personal and social skills that play an everincreasingly important part of school life. Children learn skills of sharing, turntaking and negotiating, alongside our core values of respect for each other, patience, kindness and collaboration - all skills that will help them navigate the world around them when they leave.

We would like to take this opportunity to thank Nick at Albury Village Stores for nominating Peaslake School to benefit from a donation from *Making a Difference Locally*, a charity which operates throughout Nisa independent stores nationally. This donation was used to purchase more books for our Phonics Scheme.

It was lovely to welcome some prospective parents into school last week to showcase all the work that goes on and to answer questions about the school. If you are looking for a school place in September 2024, please do contact the office, it will be a pleasure to show you round. Tel. 01306 730411, email info@peaslakefreeschool.com

Sara Dangerfield

Peaslake Nursery

As the leaves begin to turn and the air begins to carry a crisp chill, we reflect on the first half of the autumn term at Peaslake Nursery, and it's been nothing short of delightful. With the scent of autumn in the air and eager smiles on the faces of our little ones, our nursery has been a hub of activity and learning. One of our proudest achievements this term has been watching our new starters settle in so beautifully. It's heartwarming to see their faces light up as they have embraced nursery life. It seems we've created a nurturing environment where they feel right at home.

As we've dived headfirst into Autumn, our children have been on a journey of exploration. The children have been busy cooking, whipping up delicious treats and learning about the fruits and vegetables of the season. From apple bread to vegetable muffins, our nursery has been filled with the aroma of freshly baked goodies.



The creative spirit has been flourishing as well, with mud painting, leaf printing and even making our own fir cone owl babies. We've had the pleasure of welcoming "Wild About Britain" to our nursery too. Their interactive wildlife session opened up a world of wonder for our children, encouraging them to appreciate the natural world around them. We also had a trip to the local book swap bus stop, which was the perfect opportunity to look for signs of autumn, before swapping some books we no longer needed for some exciting new finds.

In these precious autumn months, Peaslake Nursery continues to be a place of growth,

discovery, and fun. We look forward to the rest of the term and the adventures it will surely bring, and we're grateful to share these moments with the wonderful children, parents, and staff who make our nursery such a special place.

Louise Collins

Remembering the National Service - 60 years on

This year marks 60 years since the end of National Service. The Royal British Legion and the nation will be celebrating all that a generation of young men did for this country during those years, when conscription became just a part of growing up.

National Service drew in a staggering number of young men - more than two million of them were conscripted between the end of the Second World War and May 1963, when the last serviceman was demobbed.

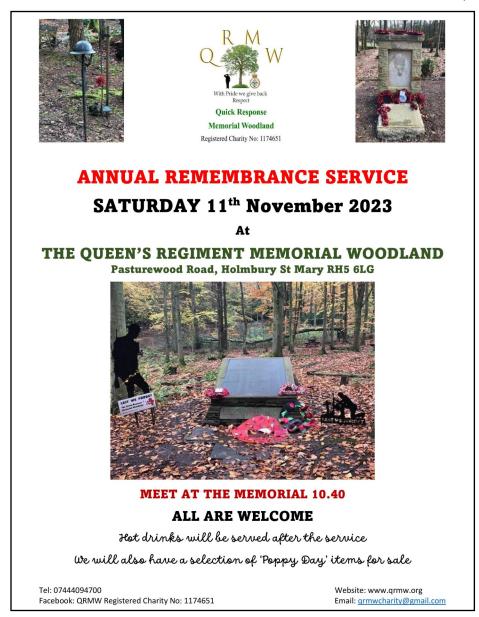
Conscription had come about following the war, when there was a huge demand for military resources in Britain. Young service men were badly needed to retain the Empire, and to contribute to the occupation of Germany and Japan. Yet low birth rates in Britain in the 1930s meant there were fewer young men available for military service.

And so the 1947 National Service Act was brought in as a solution. It meant that young men aged 18 - 26 were required to serve in the Armed Forces for 18 months. They were sent to posts in the UK and to British garrisons around the world. Some

fought on the front lines, and some worked as clerks. Some taught in the Education Corps, and some were on sentry duty.

For many of them, it would have been the first time they lived away from their family, let alone left the country. So the National Service made great demands on them - and left them with a wide range of experiences.

From the Parish Pump



<image>

1 3



It was lovely to have the late Summer weather during September and see a number of visitors to our memorial woodland enjoying a late summer picnic. September was a busy month for us we were invited to attend as Guests of Honour at the Vipers Annual Dinner by one of our Patrons Blue Cooper BEM and also to join a large group of Ex-Queensmen for a memorial service at The National Arboretum with our other Patron Lt Colonel Michael Rowney MBE. Both events were very special.

Now as we are in October the leaves on the trees at our woodland are turning yellow and golden brown bringing yet another beauty to our place of remembrance and tranquility. Remembrance is of course foremost on our minds with the 11th day of the 11th month drawing close. Our Remembrance service will take place at the woodland on Saturday 11th November when we will gather around the memorial at 10.40. Please do join us for our service and a cup of tea afterwards.

We are also now looking forward to and planning our annual Christmas at the Woodland event for families. A treasure hunt for the children and a visit by Father Christmas with a sack load of presents. Do please register the children early to avoid disappointment as numbers are limited.

Contact <u>Debbiehornblow@yahoo.co.uk</u> to register.

So lots to look forward before Christmas. I look forward to seeing you very soon at the woodland for these events or of course anytime you may like to visit. Keep safe.

Paul Cooling Chairman The Quick Response Memorial Woodland Registered Charity No 1174651

With Remembrance in mind, here are some observations on war...

The tragedy of war is that it uses man's best to do man's worst. - Anon

Mankind must put an end to war, or war will put an end to mankind.

John F Kennedy

Let men who delight in the cruelties of war remember that their day is coming. Louis Mumford

In war, whichever side may call itself the victor, there are no winners, but all are losers.

Neville Chamberlain



QRMW, Pasturewood Rd, Holmbury St Mary RH5 6LG JOIN US FOR CHRISTMAS AT THE WOODLAND SUNDAY 3rd DECEMBER AT 12.30 FUN FOR ALL THE FAMILY

THE WAY A LANGE CONTRACTOR INCOMENTS

Childrens Treasure Hunt at 12.30pm Followed by a visit to see Santa in his Grotto and receive a present Adults Treasure Hunt

> Tombola Raffle Childrens Lucky Dip Christmas Stalls Hot drinks and Hot dogs

Please Register the children its only £8 each Child to join in and receive a goodie bag on completion of the treasure hunt plus a gift from Father Christmas REGISTER EARLY TO ENSURE FATHER CHRISTMAS 's ELVES MAKE THE RIGHT PRESENTS AND TO AVOID DISAPPOINTMENT—NUMBERS ARE LIMITED CONTACT DEBBIE HORNBLOW Email: debbiehornblow@yahoo.co.uk Tel: 07778873806

All Proceeds go to help Veterans in Need

HARRY EDWARDS healingsanctuary Wherever You Are, We're Here For You

We have some fascinating events to interest you this month. Here are a selection; further details on our website www.harryedwardshealingsanctuary.org.uk

Let's Talk about the Soul; The Very Nature of Being with Darren Hart Thursday 16th November, 7.30pm on zoom

Have you ever wondered what the Soul is? So many questions can start to arise when you do:

- What is the Soul made of?
- Where is your Soul located in your body?
- What is your Soul Purpose how do you find out?
- Is there a difference between the Soul and Spirit? If so what is the difference?
- Do animals and plants have souls?

Join us for a fascinating talk by Darren Hart on The Soul and The Importance of the Soul in all forms of life. Darren will explain the Soul to us and the depths we can harmonise with the levels of spirituality. Darren will teach us how to speak to the Soul and allow for due guidance to be orchestrated in our perception of life and beliefs of ourselves and those around us.

There will be an opportunity for Q&A at the end of the talk.

Recording available to attendees on request to Alison.McWhinnie@burrowslea.org.uk

Book through Eventbrite:

https://www.eventbrite.co.uk/e/712419444737?aff=oddtdtcreator

Price: £12 per person

Winter Fair

Saturday 25th November 10.30am to 3.30pm

Browse our craft stalls and make a start on your Christmas shopping. Enjoy delicious food & listen to some interesting talks.

Taster Healing sessions will be available all day (for your dogs too.)

Introduction to Sound Healing

Sunday 26th November

A full yet relaxing day to experience the benefits of sound healing. The day will include the following:

- Introduction and history of sound healing
- Mechanics of sound and sound healing
- Grounding and centering exercises
- Sound healing techniques for self and others
- Demonstration of a one to one session
- Sound bath with Tibetan and crystal bowls
- Sound healing meditations

Overnight accommodation available at extra cost on a first come first served basis.

Price: £40 per person

Please contact Shelley to book college.administrator@burrowslea.org.uk

Mindfulness for Living

Tuesday 21st November 10.30am

Life will always present us with difficulties. This session will give you the opportunity to learn and experience two effective, evidence based practices that you can use when dealing with emotional challenges

This event will be held at The Harry Edwards Healing Sanctuary.

Price: £12 per person.

Tickets can be purchased through Eventbrite:

https://www.eventbrite.co.uk/e/731071343067?aff=oddtdtcreator

The Terrace Lounge at The Sanctuary

Thursday to Sunday | 9.30am to 4pm | Last orders 3pm

Enjoy teas, coffees, cake, full English breakfast and lite bites. Accompanied by stunning views.



Alison McWhinnie

alison.mcwhinnie@burrowslea.org.uk

Shere Village Cinema (SVC)

Book now for films in November and December 2023



Our 'Bond' event - *No Time to Die* - in September was a great success - Bond posters everywhere, a background of Bond soundtracks, delicious canapes and a half-time Bond quiz, with lots of people in smart/glamorous evening dress. The photo shows the hall before the guests arrived.



We have a busy November with 3 films, as advertised in our October magazine article, and below. However, we are also looking forward to our forthcoming 10th anniversary event on Sunday 10th December. We thought we would go for something a bit different and have a 'singalong- musical'!

To sign up to our newsletter and/or to book tickets for future films please go to the website: www.sherevillagecinema.com). You can

also buy tickets from the shops: Crumbs and/or the Surrey Hills Beer & Gin Company in Shere. All tickets, except where indicated, cost \pounds /adult and \pounds 3.50/ child.

In November we will be showing the following 3 films:

Thursday 2 November - The Eight Mountains depicts a friendship between two men who spend their childhood together in a remote Alpine village and reconnect later as adults. The title is a reference to the concept in Buddhism and ancient Indian cosmology that the world is composed of nine mountains and eight seas, specifically eight concentric circular mountain ranges separated from one another by eight seas, with the ninth and tallest mountain, Mount Meru, at the centre.

In Italian with subtitles. <u>Classification: 12 (Running time is 2 hour 27 minutes)</u> <u>Start time: 7.30pm.</u>

Sunday 19 November - **Barbie** - Stereotypical Barbie (Margot Robbie), and her fellow dolls reside in Barbie Land; a matriarchal society with different variations of Barbies, Kens, and discontinued models. Barbie and her beau Ken (Ryan Gosling) are having the time of their lives in the colourful and seemingly perfect world of Barbie Land. Barbie, the most popular of all the Barbies in Barbie Land, begins experiencing an existential crisis. She must travel to the human world in order to understand herself and discover her true purpose. Her kinda-sorta boyfriend, Ken comes along for the ride because his own existence depends on Barbie acknowledging him. However, when Barbie and Ken get a chance to go to the real world, they soon discover the joys and perils of living among humans. Both discover harsh truth - and make new friends -along the road to enlightenment.

Classification: 12A (Running time is 1 hour 54 minutes) Start time: 7.30pm.

Thursday 30 November - Asteroid City is a 2023 American comedy-drama film written, directed, and produced by Wes Anderson, from a story he wrote with Roman Coppola. It features an ensemble cast, including Jason Schwartzman, Scarlett Johansson, Tom Hanks, Tilda Swinton, Bryan Cranston, Edward Norton, Adrien Brody, Liev Schreiber, Steve Carell, Matt Dillon, Willem Dafoe, Margot Robbie, and Jeff Goldblum. Its metatextual plot simultaneously depicts the events of a Junior Stargazer convention in a retro-futuristic version of 1955, staged as a play, and the creation of the play. It is Anderson's homage to popular memory and mythology about extra-terrestrials and UFOs witnessed in the Southwestern desert, in close proximity to atomic test sites during the post-war period of the American 20th century.

Classification: PG-13 (Running time is 1 hour 45 minutes) Start time: 7.30pm.

In December we will be celebrating 'our' 10th anniversary and will be showing **Grease** (the re-released 40th anniversary sing-along version).

Sunday 10th December - **Grease** is a nostalgic rock'n'roll high school musical, with a great plot line and incredible music. Many of you will know and love the film (you know who you are!). For those of you who don't know, Olivia Newton-John plays Sandy Olsen and John Travolta plays Danny Zucko, who enjoyed a more-or-less platonic beachside romance, but didn't expect to see each other again as Sandy and her family were going back to Australia. However, her family's plans changed and when Sandy shows up at the local high school the next term, she is astonished to see Danny

Come and join us and <u>Sing along</u> to all the favourites - *Summer Nights*, *Greased Lightnin'*, *You're the One that I Want* and many more, as well as the original *Grease* by Frankie Vallie and the Four Seasons. Fancy Dress is encouraged but not obligatory - Dress up as a pink Lady or T-bird, a beauty school dropout or even Grease Lightening! Classification: PG (Running time is 1 hour 50 minutes). Look out for our posters and on-line newsletter for further details, but book early as this is likely to be a 'sell-out'!

Thank you for your support. Do join us for our films in November and December if you can.



for making this possible!

In October the SVC donated £500 to the Shere Tennis Club towards the purchase of a defibrillator, in case of cardiac arrest, for the club and all users of the recreation ground. Photo shows Caroline Evans and Mike Keeble (chair and treasurer of the SVC, presenting the cheque to Jane Westbrook of the tennis club).

The SVC has now donated over £36,000 to local charities - a HUGE thank you to all our cinema attendees over the 10 years

Shere Village Cinema Team

Dorking Choral Society Remembrance Sunday Concert

Sunday 12th November 6.30 pm in St Martins Church, Dorking

Under the baton of Musical Director, Daniel Mahoney, accompanied by organist Mark Shepherd and the Bridge Sinfonia, Dorking Choral Society will be singing Durufle's moving *Requiem*, first published in 1948 and composed after the liberation of Paris and the death of his beloved father. As well as the *Requiem*, DCS will be performing the *Mass in A Minor* by Imogen Holst and Rheinberger's *Stabat Mater*.

Tickets, always available at the church door or from choir members, are £18.

PEASLAKE PANTO -SLEEPING BEAUTY & THE 40 WINKS

So summer has finally left us and as the nights close in and the festive season moves closer, so too does Panto season - and Peaslake Players are back with a real Christmas Cracker! 'Sleeping Beauty (complete with her 40 Winks) will be taking to the stage early next year, bringing as always a hamper full of gags, songs, dances and all-round family entertainment - and of course, the odd surprise scattered amongst the boo's, hisses and 'behind-you's'.

Will the dashing Prince find the mysterious Princess? Will the evil Maleficent win the day? Will the Fairies rediscover their magic touch in time? And who is the mysterious creature, TAFKAP?

The answers to these - plus how to spend a fun-filled winter's evening - can be found at the Peaslake Village Hall in late January/early February. For full details, please visit the Peaslake Players website - <u>www.peaslakeplayers.co.uk</u> - and get your tickets (on sale early November).

We hope to see you there - and in the meantime, sweet dreams!

Gomshall Village Club

Going forward we have an extensive programme of events. We welcome new members who can take advantage of our Pool Table, our Billiards Room and our Dart Boards. We can even provide traditional games like domino's and cribbage. New members are always welcome.

Upcoming events:

Fri 3rd Nov Sal's Poker Night 7pm sharp

Sat 4th Nov Elvis in the Lounge 8.30pm

Fri 17th Nov Bingo 8pm

Sat 25th Nov Quiz 8pm





DORKING CHORAL SOCIETY PRESENTS A CONCERT FOR REMEMBRANCE SUNDAY DURUGE A CONDUCTED BY DURUGE A CONDUCTED BY DURUGE A CONDUCTED BY DAMIEL MANDONEY

WITH

organist MARK SHEPHERD

AND

THE DRIDGE SINFONIA

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Quarter page (9 x 6 cm portrait) Annual insertion fee £110, Monthly insertion fee £12

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Full Page (18 x 12 cm portrait), Annual insertion fee £450, Monthly

insertion fee £50

For any further information, please contact me.

Denise Chamberlain ads@alburychurches.org

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Monday to Friday: 8.30 a.m. to 6.30 p.m.

Closed Tuesday 1.00-3.00 p.m. for training

Shere Surgery Website: https://www.sheresurgery.nhs.uk/

Your Parish News

Contributions for the next issue of the Parish News to

parishmag@alburychurches.org

or post to

Shire Cottage, Farley Heath, Albury, Surrey, GU5 9ER

by the 14th of the month please

Front cover photographs, articles, events

and reports of local organisations are all welcome

Sudoku

Each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

6						2		4
			3				6	
	1			4				
		9				7	8	
		2	1		5	6		
	8	4				1		
				2			1	
	5				7			
4		8						3

		4	1					
		9	4				2	
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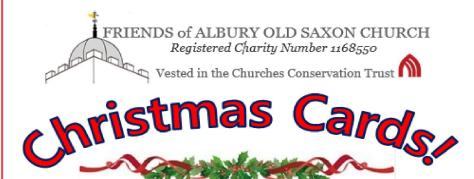
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		minister@alburychurches.org				
Licensed Lay Minister (Reader) Emeritus:						
	Mr. John Gould,					
Pastoral Assistants:	Penny Randall	203208				
	Diann Arnfield	203464				
Churchwardens:	Sasja McCann	andisasja@yahoo.co.uk				
	Theodora Viney	wardens@alburychurches.org				
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Helen Esplen	Cord Name	01483 209522 / 07771 537150				
Albury Cricket Club: Albury Football Club		202104 chairman@alburyfc.co.uk				
	s: Ms Chloe Bishop, Parish Clerk	07856 010600				
		bookings@alburyparish.org				
Albury History Socie	ty: Secretary: Mrs. Margaret Clarke	202294				
		malcmargclarke@tiscali.co.uk				
Albury Parish Counc	il: Clerk: Ms Chloe Bishop	07856 010600				
		cj.bishop@alburyparish.org				
Albury Post Office, I	Pratts Stores	202123				
Albury Village Store		351919				
Albury Produce Asso	oc: Julie Baxter	07807 999 896				
		Juliec.bax@gmail.com				
Albury Bowls Club	Mr Ken Walters	01372454536				
		alburybowls@gmail.com				
	ys Services (Pothole line)	03456 009009				
Shere Surgery		202066				
Shere Dispensary		209913				
The Modern Slavery	-	08000 121 700				
If anyone is suspiciou	is of an activity or concerned about some	e one.				



A charity pack of 10 Cards for £6.00 to help support this wonderful Grade 1 listed building



Captured in a moment of time by Mike Hutchinson, his photograph shows a beautiful winter's scene with a light dusting of snow setting off the ancient Saxon Church of St Peter & St Paul.

Now set in an island of tranquillity since 1742 when the Lord of the Manor forcibly moved the village half a mile to the west.



A delightful photograph by Victor Keech shows the stained glass windows on the south wall of the Drummond Chapel.

With money raised by kind donations, the Drummond Chapel is currently undergoing some major conservation/ restoration work that will keep it in good condition for the foreseeable future.

Both of these Christmas Cards are available from the Old Saxon Church in Albury Park, Harry at the Post Office or Monica Cassels on 01483 202962